

SUSSEX COUNTY CHAMPIONSHIPS 2012

CONSIDERATION TIMES

THE GIRLS 800 & BOYS 1500 FREE WILL BE SWUM IN THE 50m POOL at K2 CRAWLEY. SUNDAY 5th FEBRUARY.

ALL OTHER EVENTS ARE SWUM IN THE 25m POOL at K2 CRAWLEY. 25th/26th FEBRUARY & 17th/18th MARCH

ALL ENTRY TIMES SHOULD BE SHORT COURSE. LONG to SHORT COURSE CONVERSIONS, USING THE ASA EQUIVALENT PERFORMANCE TABLES, ARE PERMITTED

ENTRIES MUST HAVE BEEN ACHIEVED AT LICENSED MEETS "LEVELS 1, 2, 3 or 4, SINCE APRIL 1ST 2011"

Boys Consideration times									Girls Consideration times						
9	10	11	12	13	14	15	16+		9	10	11	12	13	14	15+
43.00	39.00	35.00	33.00	32.00	31.00	29.00	28.00	50m Free	41.00	37.00	35.00	34.00	32.00	31.00	30.00
50.00	45.00	41.00	39.00	37.00	35.00	33.00	32.00	50m Back	50.00	44.00	42.00	40.00	38.00	37.00	36.00
56.00	52.00	48.00	45.00	42.00	40.00	38.00	36.00	50m Breast	56.00	51.00	48.00	46.00	44.00	42.00	40.00
50.00	46.00	44.00	40.00	38.00	36.00	34.00	30.00	50m Fly	47.00	43.00	41.00	39.00	37.00	35.00	34.00
NO EVENT	Restricted events	1.12.0	1.08.0	1.04.0	1.02.0	1.01.0	100m Free	NO EVENT	Restricted events	1.17.0	1.13.0	1.10.0	1.07.0	1.06.0	
		1.23.0	1.20.0	1.15.0	1.10.0	1.08.0	100m Back			1.26.0	1.21.0	1.18.0	1.16.0	1.15.0	
		1.38.0	1.30.0	1.25.0	1.20.0	1.18.0	100m Breast			1.40.0	1.33.0	1.30.0	1.27.0	1.26.0	
		1.25.0	1.20.0	1.15.0	1.10.0	1.08.0	100m Fly			1.30.0	1.25.0	1.20.0	1.18.0	1.15.0	
1.50.0	1.37.0	1.29.0	1.24.0	1.19.0	1.17.0	1.13.0	1.10.0	100m I.M.	1.45.0	1.35.0	1.28.0	1.24.0	1.20.0	1.18.0	1.16.0
3.20.0	3.00.0	2.50.0	2.40.0	2.30.0	2.20.0	2.15.0	2.10.0	200m Free	3.20.0	2.55.0	2.45.0	2.35.0	2.30.0	2.28.0	2.25.0
3.40.0	3.20.0	3.08.0	2.58.0	2.45.0	2.39.0	2.33.0	2.30.0	200m Back	3.40.0	3.21.0	3.06.0	2.56.0	2.49.0	2.46.0	2.42.0
4.20.0	4.00.0	3.40.0	3.30.0	3.20.0	3.10.0	3.00.0	2.55.0	200m Breast	4.15.0	3.50.0	3.34.0	3.20.0	3.15.0	3.10.0	3.05.0
4.00.0	3.45.0	3.30.0	3.15.0	3.00.0	2.45.0	2.35.0	2.31.0	200m Fly	4.00.0	3.45.0	3.30.0	3.15.0	3.00.0	2.55.0	2.50.0
3.45.0	3.35.0	3.10.0	3.00.0	2.50.0	2.40.0	2.35.0	2.30.0	200m I.M.	3.35.0	3.25.0	3.10.0	3.00.0	2.50.0	2.48.0	2.45.0
RESTRICTED	7.30.0	7.00.0	6.30.0	6.15.0	6.00.0	5.45.0	5.30.0	400m I.M.	RESTRICTED	7.30.0	6.45.0	6.20.0	6.05.0	5.55.0	5.50.0
RESTRICTED	6.30.0	6.00.0	5.30.0	5.15.0	5.00.0	4.55.0	4.50.0	400m Free	RESTRICTED	6.25.0	5.50.0	5.30.0	5.20.0	5.15.0	5.10.0

NON LICENSED TIMES FOR THE FOLLOWING EVENTS MAY BE ACCEPTED. Please check regulations regarding non licensed times.

NO EVENT								800m Free	NO EVENT	RESTRICTED	12.15.0	11.30.0	11.15.0	11.00.0	10.45.0
NO EVENT	RESTRICTED	22.00.0	21.00.0	20.00.0	19.15.0	18.30.0	1500m Free	NO EVENT							

ASA AGE RESTRICTED EVENTS FOR SWIMMERS AIMING FOR REGIONAL QUALIFICATION

THOSE WHO AGE UP BETWEEN THESE CHAMPIONSHIPS AND THE REGION CHAMPIONSHIPS QUALIFYING DATE OF 10th JUNE MAY ENTER THE RESTRICTED EVENTS FOR A TIME ONLY SWIM. ENTRIES FOR THESE EVENTS WILL ONLY BE ACCEPTED IF THEY ARE EQUAL TO, OR BETTER THAN, THE QUALIFYING TIME FOR THE AGE ABOVE.

FOR FURTHER INFORMATION ON HOW TO ENTER THESE SWIMMERS PLEASE CONTACT John Ottaway.