

Simon Carey – Sports Editor – Hastings Observer – 5th October 2009

Hastings Seagull Masters swimmer Laura Hoodless travelled to Cadiz in Spain for this year's European Masters Championships held from 14 – 20 September in the sports complex's 50m Pool. In her Masters Age Group she won a Bronze medal in the 3Km Open Water event and in her three other individual events she came 5th in both the 200m Freestyle and 400m Freestyle and in the 800m Freestyle she came 7th. Laura also swam for the Sussex Martlets team in three relays winning three more Bronze medals.

One Girl and six Boys from Hastings Seagull SC travelled to the K2 Sports Complex in Crawley on Sunday 4th October to take part in the Opportunity Long Course Meet – in the 50m pool and organised by the Crawley SC. As usual when a Gala is held in a 50m pool it attracts top class swimmers from the top clubs in the area as they are looking for Long Course times because Regional and National Championships require qualifying times to have been achieved in a 50m pool – and there aren't very many of them on our doorstep.

Our seven swimmers swam in 21 individual events claiming PBs in all of them and winning one Gold, Three Silver and Two Bronze medals. 13 year old Hannah Kefford swam in five events; her best placement was in her Age Group 100m Backstroke where she won a Bronze. 10 year old Ben Horner swam in two events winning Bronze in his Age Group 50m Freestyle. 10 year old Robbie Earl swam in one event coming 5th in his Age Group 50m Breaststroke. 11 Year old Luke Cooper swam in four events winning two Silver Medals in his Age Group 50m Fly and 200m IM, he also won a Bronze in his 50m Backstroke. 11 year old Dan Williams swam in four events winning Gold in his 50m Backstroke and Silver in his 50m Freestyle. 12 Year old Tom White swam in four events and his best placement being 6th in his 100m Breaststroke. 14 year old Sam Moon swam in two events winning Bronze in his 100m Breaststroke and coming 4th in his 100m Backstroke.