

Sussex ASA Championship & Age Grps								
Session - 1								
at	K2							
EVENT 1 Girls Open 800m Freestyle								
16 Yrs/Under Age Group - Full Results								
Place	Name	AaD	Club	Time			FINA Pt	
1	Mai ALLAND	16	Mid Sussex	9:42.59			628	
	50m -	100m 1:08.21	150m -	200m 2:21.74	250m -	300m 3:35.38	350m -	400m 4:49.06
	450m -	500m 6:02.66	550m -	600m 7:17.30	650m -	700m 8:31.07	750m -	800m 9:42.59
2	Jasmin BRENNAN	14	St Bedes Aq	9:43.03			626	
	50m -	100m 1:07.43	150m -	200m 2:20.07	250m -	300m 3:34.42	350m -	400m 4:48.26
	450m -	500m 6:02.84	550m -	600m 7:17.26	650m -	700m 8:31.58	750m -	800m 9:43.03
3	Mary CARLESS	15	St Bedes Aq	9:47.73			611	
	50m -	100m 1:05.83	150m -	200m 2:17.71	250m -	300m 3:30.55	350m -	400m 4:44.86
	450m -	500m 6:00.36	550m -	600m 7:16.46	650m -	700m -	750m -	800m 9:47.73
4	Rebekah CHAPMAN	14	St Bedes Aq	9:57.38			582	
	50m -	100m 1:07.73	150m -	200m 2:21.04	250m -	300m 3:35.95	350m -	400m 4:51.51
	450m -	500m 6:07.77	550m -	600m 7:24.86	650m -	700m 8:42.22	750m -	800m 9:57.38
5	Natalie DOBSON	15	Crawley	10:03.27			565	
	50m -	100m 1:06.51	150m -	200m 2:19.83	250m -	300m 3:35.49	350m -	400m 4:52.24
	450m -	500m 6:09.78	550m -	600m 7:28.32	650m -	700m 8:46.57	750m -	800m 10:03.27
6	Katherine HORSFALL-TUR	12	St Bedes Aq	10:04.33			562	
	50m -	100m 1:10.90	150m -	200m 2:27.00	250m -	300m 3:42.11	350m -	400m 4:58.58
	450m -	500m 6:14.06	550m -	600m 7:31.78	650m -	700m 8:48.55	750m -	800m 10:04.33
7	Eve CARLESS	13	St Bedes Aq	10:06.17			557	
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:06.17
8	Katy HARRIS	16	Atlantis	10:06.53				
	50m 1:09.85 -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	10:06.53
9	Cristina RICHARDS	14	St Bedes Aq	10:09.05			549	
	50m 1:09.21	100m 2:24.22	150m 3:40.16	200m 4:57.91	250m 6:15.86	300m 7:33.16	350m 8:52.75	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:09.05
10	Amy MEDLOCK	14	Shiverers	10:10.93			544	
	50m -	100m 1:07.05	150m -	200m 2:22.21	250m -	300m 3:38.53	350m -	400m 4:56.63
	450m -	500m 6:15.45	550m -	600m 7:33.66	650m -	700m 8:53.34	750m -	800m 10:10.93
11	Poppy KEENOR	14	Crawley	10:12.31			541	
	50m 1:09.47	100m 2:25.67	150m 3:42.07	200m 5:00.11	250m 6:18.85	300m 7:38.66	350m 8:57.01	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:12.31
12	Federica WILLIAMSON	13	Crawley	10:14.32			535	
	50m -	100m 1:09.16	150m -	200m 2:25.17	250m -	300m 3:42.51	350m -	400m 5:00.45
	450m -	500m 6:19.62	550m -	600m 7:38.80	650m -	700m 8:57.20	750m -	800m 10:14.32
13	Chloe POLLARD	12	Eastbourne	10:15.78			532	
	50m -	100m 1:10.26	150m -	200m 2:26.95	250m -	300m 3:43.66	350m -	400m 5:02.43
	450m -	500m 6:22.41	550m -	600m 7:41.41	650m -	700m 9:00.09	750m -	800m 10:15.78
14	Jessica FRAYNE	13	Littleh'pton	10:18.42			525	
	50m -	100m -	150m -	200m -	250m -	300m 7:44.61	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:18.42
15	Abigail LELLIOTT	14	Shiverers	10:18.71			524	
	50m -	100m 1:09.48	150m -	200m 2:25.06	250m -	300m 3:42.56	350m -	400m 5:01.41
	450m -	500m 6:21.71	550m -	600m 7:42.04	650m -	700m 9:01.32	750m -	800m 10:18.71
16	Isobel DUNLOP	15	Atlantis	10:19.09			523	
	50m -	100m -	150m -	200m -	250m -	300m 7:42.47	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:19.09
17	Roxanne ADDISON	14	Brighton	10:25.97			506	
	50m -	100m -	150m -	200m -	250m -	300m 7:45.68	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:25.97
18	Beth HUNDLEBY	13	Atlantis	10:26.12			506	
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:26.12
19	Elizabeth WRIGHT	15	Eastbourne	10:29.00			499	
	50m -	100m 1:12.19	150m -	200m 2:30.43	250m -	300m -	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m 9:11.17	750m -	800m 10:29.00
20	Ashton MARSHALL	13	Shiverers	10:35.43			484	
	50m -	100m -	150m -	200m -	250m -	300m 7:56.12	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:35.43
21	Ella WINDLE	11	Atlantis	10:36.97			480	
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:36.97
22	Jada SALIH	14	Brighton	10:38.23			477	
	50m -	100m 1:12.48	150m -	200m 2:32.31	250m -	300m 3:53.79	350m -	400m 5:15.10
	450m -	500m 6:36.38	550m -	600m 7:57.87	650m -	700m 9:19.61	750m -	800m 10:38.23
23	Eleanor FOX	13	Bognor Regis	10:42.12			469	
	50m -	100m -	150m -	200m -	250m -	300m 8:01.02	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:42.12
24	Gabriella KENT	16	East Grins'd	10:43.82			465	
	50m -	100m -	150m -	200m 2:31.17	250m -	300m 3:52.99	350m -	400m 5:16.27
	450m -	500m 6:39.34	550m -	600m 8:02.23	650m -	700m 9:24.64	750m -	800m 10:43.82
25	Laura RISBY	15	Mid Sussex	10:46.15			460	
	50m -	100m 1:10.81	150m -	200m 2:30.58	250m -	300m 3:52.18	350m -	400m 5:14.65
	450m -	500m 6:37.77	550m -	600m 8:01.59	650m -	700m 9:25.12	750m -	800m 10:46.15
26	Lianne PURVIS	15	Crawley	10:49.34			453	
	50m -	100m 1:09.28	150m -	200m 2:26.60	250m -	300m 3:47.77	350m -	400m 5:13.19
	450m -	500m 6:37.99	550m -	600m 8:02.89	650m -	700m 9:27.78	750m -	800m 10:49.34
27	Karen CHAN	13	Worthing Swi	10:52.53			447	

450m -	500m 6:02.66	550m -	600m 7:17.30	650m -	700m 8:31.07	750m -	800m 9:42.59
4 Daisy BOND	17	Crawley		9:42.82		627	
50m -	100m 1:07.84	150m -	200m 2:20.77	250m -	300m 3:34.05	350m -	400m 4:48.17
450m -	500m 6:02.51	550m -	600m 7:17.77	650m -	700m 8:32.18	750m -	800m 9:42.82
5 Jasmin BRENNAN	14	St Bedes Aq		9:43.03		626	
50m -	100m 1:07.43	150m -	200m 2:20.07	250m -	300m 3:34.42	350m -	400m 4:48.26
450m -	500m 6:02.84	550m -	600m 7:17.26	650m -	700m 8:31.58	750m -	800m 9:43.03
6 Mary CARLESS	15	St Bedes Aq		9:47.73		611	
50m -	100m 1:05.83	150m -	200m 2:17.71	250m -	300m 3:30.55	350m -	400m 4:44.86
450m -	500m 6:00.36	550m -	600m 7:16.46	650m -	700m -	750m -	800m 9:47.73
7 Rebekah CHAPMAN	14	St Bedes Aq		9:57.38		582	
50m -	100m 1:07.73	150m -	200m 2:21.04	250m -	300m 3:35.95	350m -	400m 4:51.51
450m -	500m 6:07.77	550m -	600m 7:24.86	650m -	700m 8:42.22	750m -	800m 9:57.38
8 Natalie DOBSON	15	Crawley		10:03.27		565	
50m -	100m 1:06.51	150m -	200m 2:19.83	250m -	300m 3:35.49	350m -	400m 4:52.24
450m -	500m 6:09.78	550m -	600m 7:28.32	650m -	700m 8:46.57	750m -	800m 10:03.27
9 Katherine HORSFALL-TUR	12	St Bedes Aq		10:04.33		562	
50m -	100m 1:10.90	150m -	200m 2:27.00	250m -	300m 3:42.11	350m -	400m 4:58.58
450m -	500m 6:14.06	550m -	600m 7:31.78	650m -	700m 8:48.55	750m -	800m 10:04.33
10 Eve CARLESS	13	St Bedes Aq		10:06.17		557	
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:06.17
11 Cristina RICHARDS	14	St Bedes Aq		10:09.05		549	
50m 1:09.21	100m 2:24.22	150m 3:40.16	200m 4:57.91	250m 6:15.86	300m 7:33.16	350m 8:52.75	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:09.05
12 Amy MEDLOCK	14	Shiverers		10:10.93		544	
50m -	100m 1:07.05	150m -	200m 2:22.21	250m -	300m 3:38.53	350m -	400m 4:56.63
450m -	500m 6:15.45	550m -	600m 7:33.66	650m -	700m 8:53.34	750m -	800m 10:10.93
13 Poppy KEENOR	14	Crawley		10:12.31		541	
50m 1:09.47	100m 2:25.67	150m 3:42.07	200m 5:00.11	250m 6:18.85	300m 7:38.66	350m 8:57.01	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:12.31
14 Federica WILLIAMSON	13	Crawley		10:14.32		535	
50m -	100m 1:09.16	150m -	200m 2:25.17	250m -	300m 3:42.51	350m -	400m 5:00.45
450m -	500m 6:19.62	550m -	600m 7:38.80	650m -	700m 8:57.20	750m -	800m 10:14.32
15 Chloe POLLARD	12	Eastbourne		10:15.78		532	
50m -	100m 1:10.26	150m -	200m 2:26.95	250m -	300m 3:43.66	350m -	400m 5:02.43
450m -	500m 6:22.41	550m -	600m 7:41.41	650m -	700m 9:00.09	750m -	800m 10:15.78
16 Jessica FRAYNE	13	Littleh'pton		10:18.42		525	
50m -	100m -	150m -	200m -	250m -	300m 7:44.61	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:18.42
17 Abigail LELLIOTT	14	Shiverers		10:18.71		524	
50m -	100m 1:09.48	150m -	200m 2:25.06	250m -	300m 3:42.56	350m -	400m 5:01.41
450m -	500m 6:21.71	550m -	600m 7:42.04	650m -	700m 9:01.32	750m -	800m 10:18.71
18 Isobel DUNLOP	15	Atlantis		10:19.09		523	
50m -	100m -	150m -	200m -	250m -	300m 7:42.47	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:19.09
19 Roxanne ADDISON	14	Brighton		10:25.97		506	
50m -	100m -	150m -	200m -	250m -	300m 7:45.68	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:25.97
20 Beth HUNDLEBY	13	Atlantis		10:26.12		506	
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:26.12
21 Elizabeth WRIGHT	15	Eastbourne		10:29.00		499	
50m -	100m 1:12.19	150m -	200m 2:30.43	250m -	300m -	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m 9:11.17	750m -	800m 10:29.00
22 Ashton MARSHALL	13	Shiverers		10:35.43		484	
50m -	100m -	150m -	200m -	250m -	300m 7:56.12	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:35.43
23 Ella WINDLE	11	Atlantis		10:36.97		480	
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:36.97
24 Jada SALIH	14	Brighton		10:38.23		477	
50m -	100m 1:12.48	150m -	200m 2:32.31	250m -	300m 3:53.79	350m -	400m 5:15.10
450m -	500m 6:36.38	550m -	600m 7:57.87	650m -	700m 9:19.61	750m -	800m 10:38.23
25 Eleanor FOX	13	Bognor Regis		10:42.12		469	
50m -	100m -	150m -	200m -	250m -	300m 8:01.02	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:42.12
26 Gabriella KENT	16	East Grins'd		10:43.82		465	
50m -	100m -	150m -	200m 2:31.17	250m -	300m 3:52.99	350m -	400m 5:16.27
450m -	500m 6:39.34	550m -	600m 8:02.23	650m -	700m 9:24.64	750m -	800m 10:43.82
27 Laura RISBY	15	Mid Sussex		10:46.15		460	
50m -	100m 1:10.81	150m -	200m 2:30.58	250m -	300m 3:52.18	350m -	400m 5:14.65
450m -	500m 6:37.77	550m -	600m 8:01.59	650m -	700m 9:25.12	750m -	800m 10:46.15
28 Lianne PURVIS	15	Crawley		10:49.34		453	
50m -	100m 1:09.28	150m -	200m 2:26.60	250m -	300m 3:47.77	350m -	400m 5:13.19
450m -	500m 6:37.99	550m -	600m 8:02.89	650m -	700m 9:27.78	750m -	800m 10:49.34
29 Karen CHAN	13	Worthing Swi		10:52.53		447	
50m -	100m -	150m -	200m -	250m -	300m 8:05.49	350m 9:30.46	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:52.53
30 Lucie STREET	10	Crawley		10:53.38		445	
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:53.38
31 Olivia DICKIE	14	Mid Sussex		10:54.87		442	
50m -	100m 1:12.52	150m -	200m 2:31.83	250m -	300m 3:53.84	350m -	400m 5:16.98
450m -	500m 6:40.88	550m -	600m 8:06.30	650m -	700m 9:32.54	750m -	800m 10:54.87

32	Rebecca LOBLEY		14	Atlantis		10:55.04		442	
	50m -		100m -	150m -	200m -	250m -	300m 8:07.26	350m 9:31.72	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 10:55.04
33	Charlotte CHAPMAN		11	St Bedes Aq		10:55.30		441	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 10:55.30
34	Hannah PATCHETT		12	Crawley		10:56.35		439	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 10:56.35
35	Yasmin HOOKER		11	Atlantis		10:56.94		438	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 10:56.94
36	Roni MOSS		12	Brighton		11:00.74		430	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:00.74
37	Paige FRANCOUL		13	Shiverers		11:00.92		430	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:00.92
38	Abby ROWE		13	Bognor Regis		11:02.36		427	
	50m -	100m 1:14.05		150m -	200m 2:35.20	250m -	300m 3:58.32	350m -	400m 5:24.09
	450m -	500m 6:49.77		550m -	600m 8:16.04	650m -	700m 9:41.67	750m -	800m 11:02.36
39	Alice GREENLAND		12	Eastbourne		11:07.51		417	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:07.51
40	Grace COOK		11	East Grins'd		11:08.23		416	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:08.23
41	Emma HORSFALL-TURNER		14	St Bedes Aq		11:13.49		406	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:13.49
42	Rachel WOOLLISCROFT		12	Shiverers		11:18.97		397	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:18.97
43	Larissa PARTRIDGE		12	Crawley		11:19.38		396	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:19.38
44	Alicia BUCK		13	East Grins'd		11:20.14		394	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:20.14
45	Francesca COLLINGS		12	Mid Sussex		11:21.01		393	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:21.01
46	Hannah WATTS		12	Shiverers		11:27.96		381	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:27.96
47	Lauren MANSON		12	Eastbourne		11:28.48		380	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:28.48
48	Abigail PRICE		12	Shiverers		11:28.66		380	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:28.66
49	Samantha WHITE		11	Shiverers		11:37.31		366	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:37.31
50	Ella DOBSON		11	Shiverers		11:46.87		351	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 11:46.87
51	Emma EADES		11	East Grins'd		12:00.70		332	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 12:00.70
52	Annabel CURTIS		11	Mid Sussex		12:14.88		313	
	50m -		100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -		500m -	550m -	600m -	650m -	700m -	750m -	800m 12:14.88
53	Katy HARRIS		16	Atlantis		16:16.44		133	
	50m 1:09.85	100m 2:25.52		150m 3:41.57	200m 6:16.34	250m 8:52.85	300m 10:06.53	350m 15:10.38	400m -
	450m -	500m -		550m -	600m -	650m -	700m -	750m -	800m 16:16.44
	Tabitha REED		14	Mid Sussex		DNF			

EVENT 2 Boys Open 1500m Freestyle

16 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1	Matthew GIBSON	15	Mid Sussex	17:22.45	607			
	50m 29.65	100m 1:03.29	150m 1:36.87	200m 2:10.96	250m 2:45.42	300m 3:20.17	350m 3:54.46	400m 4:29.67
	450m 5:04.54	500m 5:39.50	550m 6:14.59	600m 6:50.15	650m 7:25.24	700m 8:00.65	750m 8:36.08	800m 9:11.65
	850m 9:47.12	900m 10:23.00	950m 10:58.41	1000m 11:33.59	1050m 12:08.60	1100m 12:44.24	1150m 13:19.28	1200m 13:54.81
	1250m 14:30.24	1300m 15:05.68	1350m 15:40.59	1400m 16:16.36	1450m 16:50.67	1500m 17:22.45		
2	James MALKIN	16	Shiverers	18:04.96	539			
	50m 30.56	100m 1:05.03	150m 1:41.30	200m 2:18.06	250m 2:53.99	300m 3:30.43	350m 4:06.59	400m 4:43.01
	450m 5:19.77	500m 5:56.55	550m 6:33.00	600m 7:09.72	650m 7:45.75	700m 8:22.66	750m 8:59.12	800m 9:35.60
	850m 10:11.83	900m 10:47.86	950m 11:24.19	1000m 12:00.90	1050m 12:37.75	1100m 13:14.40	1150m 13:51.16	1200m 14:27.49
	1250m 15:04.09	1300m 15:40.89	1350m 16:17.29	1400m 16:53.44	1450m 17:29.71	1500m 18:04.96		
3	Ben JONES	15	St Bedes Aq	18:09.33	532			
	50m 29.72	100m 1:02.95	150m 1:37.85	200m 2:13.75	250m 2:49.26	300m 3:25.48	350m 4:01.60	400m 4:38.12
	450m 5:14.50	500m 5:51.20	550m 6:27.70	600m 7:04.93	650m 7:42.14	700m 8:19.27	750m 8:55.89	800m 9:33.22
	850m 10:09.85	900m 10:46.91	950m 11:23.87	1000m 12:02.17	1050m 12:38.32	1100m 13:15.65	1150m 13:52.34	1200m 14:29.56
	1250m 15:06.10	1300m 15:43.49	1350m 16:20.39	1400m 16:57.53	1450m 17:33.50	1500m 18:09.33		

4 Andrew HORSFALL-TURNER	15	St Bedes Aq		18:17.18		521	
50m 29.69	100m 1:03.08	150m 1:36.28	200m 2:10.53	250m 2:45.36	300m 3:20.65	350m 3:56.34	400m 4:31.62
450m 5:08.09	500m 5:44.81	550m 6:21.21	600m 6:57.84	650m 7:35.67	700m 8:13.07	750m 8:51.54	800m 9:29.76
850m 10:07.91	900m 10:45.93	950m 11:24.96	1000m 12:02.93	1050m 12:41.27	1100m 13:19.37	1150m 13:57.30	1200m 14:35.43
1250m 15:13.27	1300m 15:50.69	1350m 16:28.39	1400m 17:05.32	1450m 17:41.67	1500m 18:17.18		
5 William CONDRON	14	St Bedes Aq		18:17.42		520	
50m 31.63	100m 1:07.84	150m 1:44.29	200m 2:21.25	250m 2:57.95	300m 3:33.93	350m 4:10.74	400m 4:47.42
450m 5:24.00	500m 6:01.00	550m 6:38.59	600m 7:15.82	650m 7:53.07	700m 8:29.94	750m 9:06.52	800m 9:43.62
850m 10:20.49	900m 10:58.15	950m 11:34.57	1000m 12:11.06	1050m 12:48.64	1100m 13:25.75	1150m 14:03.16	1200m 14:40.16
1250m 15:17.95	1300m 15:54.76	1350m 16:31.59	1400m 17:08.42	1450m 17:44.49	1500m 18:17.42		
6 Henry YOUNG	14	Shiverers		18:20.04		517	
50m 30.98	100m 1:05.62	150m 1:40.70	200m 2:16.66	250m 2:51.90	300m 3:29.10	350m 4:06.21	400m 4:43.73
450m 5:20.86	500m 5:58.12	550m 6:35.33	600m 7:13.63	650m 7:50.41	700m 8:27.51	750m 9:04.48	800m 9:41.79
850m 10:18.51	900m 10:56.14	950m 11:33.15	1000m 12:10.83	1050m 12:48.00	1100m 13:25.27	1150m 14:02.11	1200m 14:39.94
1250m 15:16.38	1300m 15:54.35	1350m 16:30.94	1400m 17:08.65	1450m 17:44.70	1500m 18:20.04		
7 Cameron LAMBOURNE	14	Atlantis		18:23.53		512	
50m 31.52	100m 1:06.50	150m 1:40.51	200m 2:16.09	250m 2:51.63	300m 3:28.83	350m 4:06.14	400m 4:44.11
450m 5:21.22	500m 5:58.78	550m 6:35.78	600m 7:13.29	650m 7:50.26	700m 8:27.29	750m 9:04.52	800m 9:41.72
850m 10:18.82	900m 10:56.23	950m 11:33.33	1000m 12:11.16	1050m 12:48.50	1100m 13:26.64	1150m 14:04.09	1200m 14:41.81
1250m 15:20.44	1300m 15:59.54	1350m 16:36.49	1400m 17:15.15	1450m 17:52.96	1500m 18:23.53		
8 Adrian WRIGHT	15	Eastbourne		18:29.02		504	
50m 31.04	100m 1:06.21	150m 1:42.80	200m 2:19.52	250m 2:56.10	300m 3:32.83	350m 4:09.96	400m 4:47.18
450m 5:24.03	500m 6:00.98	550m 6:38.28	600m 7:15.24	650m 7:52.41	700m 8:30.09	750m 9:07.66	800m 9:45.06
850m 10:22.46	900m 10:59.99	950m 11:37.34	1000m 12:15.12	1050m 12:52.41	1100m 13:29.79	1150m 14:07.70	1200m 14:45.30
1250m 15:23.08	1300m 16:00.74	1350m 16:38.80	1400m 17:16.73	1450m 17:53.24	1500m 18:29.02		
9 Joshua PANKHURST	14	East Grinds'd		18:46.28		481	
50m 31.56	100m 1:07.05	150m 1:43.50	200m 2:19.91	250m 2:57.27	300m 3:34.81	350m 4:12.73	400m 4:50.63
450m 5:28.88	500m 6:07.00	550m 6:45.23	600m 7:23.36	650m 8:01.57	700m 8:39.85	750m 9:17.81	800m 9:55.87
850m 10:33.68	900m 11:12.00	950m 11:49.08	1000m 12:27.36	1050m 13:05.48	1100m 13:43.44	1150m 14:20.91	1200m 14:59.19
1250m 15:37.52	1300m 16:15.78	1350m 16:53.59	1400m 17:31.58	1450m 18:09.72	1500m 18:46.28		
10 Matthew RAWBIN	15	Mid Sussex		18:51.72		475	
50m 30.68	100m 1:04.99	150m 1:40.68	200m 2:17.43	250m 2:53.94	300m 3:31.21	350m 4:08.38	400m 4:46.76
450m 5:24.22	500m 6:02.56	550m 6:40.08	600m 7:18.52	650m 7:56.11	700m 8:35.07	750m 9:12.94	800m 9:51.84
850m 10:29.82	900m 11:08.48	950m 11:46.75	1000m 12:25.55	1050m 13:04.18	1100m 13:43.37	1150m 14:21.12	1200m 15:00.38
1250m 15:39.53	1300m 16:18.61	1350m 16:57.41	1400m 17:35.71	1450m 18:14.13	1500m 18:51.72		
11 Christopher COXHILL	15	Mid Sussex		19:02.12		462	
50m 31.88	100m 1:07.67	150m 1:44.48	200m 2:21.95	250m 3:00.47	300m 3:42.49	350m 4:19.87	400m 4:58.18
450m 5:35.94	500m 6:14.53	550m 6:52.67	600m 7:31.25	650m 8:09.16	700m 8:48.80	750m 9:27.72	800m 10:06.21
850m 10:44.69	900m 11:23.17	950m 12:01.43	1000m 12:39.30	1050m 13:17.68	1100m 13:56.40	1150m 14:34.95	1200m 15:13.75
1250m 15:51.24	1300m 16:29.85	1350m 17:08.43	1400m 17:46.65	1450m 18:24.74	1500m 19:02.12		
12 Joe HAZELDINE	13	Worthing Swi		19:08.53		454	
50m 32.68	100m 1:09.92	150m 1:46.75	200m 2:25.25	250m 3:03.07	300m 3:42.07	350m 4:19.64	400m 4:59.35
450m 5:37.07	500m 6:16.74	550m 6:55.65	600m 7:35.05	650m 8:12.97	700m 8:52.46	750m 9:30.31	800m 10:10.54
850m 10:47.89	900m 11:27.83	950m 12:06.88	1000m 12:45.99	1050m 13:23.82	1100m 14:03.43	1150m 14:41.71	1200m 15:21.92
1250m 15:59.83	1300m 16:38.60	1350m 17:16.46	1400m 17:55.27	1450m 18:31.89	1500m 19:08.53		
13 Josh TROUT	13	Crawley		19:09.05		453	
50m 33.44	100m 1:10.83	150m 1:48.67	200m 2:27.07	250m 3:05.32	300m 3:44.29	350m 4:22.83	400m 5:02.40
450m 5:41.67	500m 6:19.61	550m 6:58.10	600m 7:36.26	650m 8:14.19	700m 8:52.52	750m 9:31.30	800m 10:10.22
850m 10:48.88	900m 11:28.31	950m 12:07.77	1000m 12:47.14	1050m 13:25.32	1100m 14:04.07	1150m 14:42.55	1200m 15:22.05
1250m 15:59.28	1300m 16:38.51	1350m 17:18.03	1400m 17:56.60	1450m 18:34.35	1500m 19:09.05		
14 David MASTERS	15	Mid Sussex		19:09.75		453	
50m 31.84	100m 1:07.30	150m 1:43.79	200m 2:20.33	250m 2:58.48	300m 3:35.51	350m 4:14.85	400m 4:53.50
450m 5:32.70	500m 6:10.94	550m 6:50.14	600m 7:29.26	650m 8:09.03	700m 8:48.95	750m 9:28.49	800m 10:06.84
850m 10:46.09	900m 11:24.81	950m 12:03.77	1000m 12:42.84	1050m 13:22.28	1100m 14:01.39	1150m 14:41.02	1200m 15:19.42
1250m 15:58.63	1300m 16:37.54	1350m 17:16.99	1400m 17:56.53	1450m 18:34.53	1500m 19:09.75		
15 Alexander CRANFORD	16	Worthing Swi		19:14.29		447	
50m 31.78	100m 1:07.22	150m 1:44.03	200m 2:21.16	250m 2:58.68	300m 3:36.20	350m 4:14.37	400m 4:52.88
450m 5:30.87	500m 6:09.04	550m 6:47.24	600m 7:25.93	650m 8:04.56	700m 8:43.65	750m 9:22.12	800m 10:01.23
850m 10:40.30	900m 11:19.15	950m 11:58.28	1000m 12:36.79	1050m 13:16.80	1100m 13:56.70	1150m 14:35.66	1200m 15:15.24
1250m 15:55.09	1300m 16:35.33	1350m 17:15.47	1400m 17:55.82	1450m 18:34.43	1500m 19:14.29		
16 Nicholas RAWBIN	13	Mid Sussex		19:19.74		441	
50m 31.89	100m 1:07.50	150m 1:44.92	200m 2:22.40	250m 3:00.84	300m 3:39.30	350m 4:18.25	400m 4:56.85
450m 5:35.91	500m 6:14.53	550m 6:53.92	600m 7:33.15	650m 8:12.68	700m 8:51.76	750m 9:31.82	800m 10:10.92
850m 10:50.88	900m 11:29.85	950m 12:09.91	1000m 12:49.28	1050m 13:29.28	1100m 14:08.77	1150m 14:48.49	1200m 15:27.50
1250m 16:07.29	1300m 16:46.12	1350m 17:25.36	1400m 18:03.95	1450m 18:42.77	1500m 19:19.74		
17 Eliot WOOD	14	St Bedes Aq		19:38.06		421	
50m 32.87	100m 1:10.71	150m 1:48.81	200m 2:27.37	250m 3:05.95	300m 3:44.51	350m 4:22.94	400m 5:01.98
450m 5:41.20	500m 6:20.16	550m 6:59.97	600m 7:39.78	650m 8:19.55	700m 8:59.68	750m 9:39.96	800m 10:19.65
850m 10:59.68	900m 11:40.20	950m 12:19.83	1000m 12:59.90	1050m 13:39.90	1100m 14:20.51	1150m 15:01.01	1200m 15:41.61
1250m 16:22.19	1300m 17:02.46	1350m 17:42.04	1400m 18:22.05	1450m 19:01.40	1500m 19:38.06		
18 Alexander LILL	14	Chichester		20:09.47		389	
50m 33.94	100m 1:11.08	150m 1:49.58	200m 2:29.03	250m 3:09.71	300m 3:50.66	350m 4:31.29	400m 5:12.05
450m 5:52.67	500m 6:34.01	550m 7:14.76	600m 7:56.14	650m 8:37.97	700m 9:18.37	750m 9:59.30	800m 10:40.43
850m 11:21.47	900m 12:02.17	950m 12:43.08	1000m 13:23.60	1050m 14:05.01	1100m 14:45.29	1150m 15:27.30	1200m 16:07.82
1250m 16:49.69	1300m 17:31.71	1350m 18:14.07	1400m 18:53.89	1450m 19:35.15	1500m 20:09.47		
19 Joe HARROD	13	Atlantis		20:15.11		383	
50m 34.92	100m 1:13.10	150m 1:53.81	200m 2:34.47	250m 3:15.42	300m 3:56.68	350m 4:38.74	400m 5:19.23
450m 6:00.52	500m 6:42.31	550m 7:23.80	600m 8:05.06	650m 8:47.08	700m 9:27.73	750m 10:09.21	800m 10:49.58
850m 11:30.48	900m 12:11.14	950m 12:52.49	1000m 13:33.46	1050m 14:14.30	1100m 14:55.00	1150m 15:35.67	1200m 16:16.39
1250m 16:57.78	1300m 17:38.60	1350m 18:19.40	1400m 18:59.17	1450m 19:37.59	1500m 20:15.11		
20 Ollie GOODHEW	12	Mid Sussex		20:15.84		383	
50m 35.21	100m 1:16.28	150m 1:56.52	200m 2:38.09	250m 3:18.40	300m 3:59.64	350m 4:40.20	400m 5:21.84
450m 6:02.70	500m 6:44.24	550m 7:24.72	600m 8:06.31	650m 8:46.83	700m 9:28.26	750m 10:08.80	800m 10:50.79
850m 11:30.73	900m 12:12.23	950m 12:52.02	1000m 13:33.56	1050m 14:13.92	1100m 14:55.03	1150m 15:35.66	1200m 16:17.77
1250m 16:57.39	1300m 17:38.79	1350m 18:18.13	1400m 18:58.63	1450m 19:38.12	1500m 20:15.84		

21	Harry BURNELL	12	Worthing Swi	20:24.27	375			
	50m 36.26	100m 1:16.56	150m 1:58.21	200m 2:38.77	250m 3:19.66	300m 4:00.46	350m 4:42.40	400m 5:23.94
	450m 6:04.64	500m 6:46.16	550m 7:27.30	600m 8:08.80	650m 8:49.84	700m 9:30.89	750m 10:11.88	800m 10:53.24
	850m 11:34.21	900m 12:15.31	950m 12:56.25	1000m 13:37.36	1050m 14:18.68	1100m 14:59.77	1150m 15:40.73	1200m 16:21.73
	1250m 17:02.39	1300m 17:43.51	1350m 18:24.62	1400m 19:04.74	1450m 19:45.73	1500m 20:24.27		
22	Luke PENNINGTON	13	Shiverers	21:06.23	339			
	50m 33.53	100m 1:12.62	150m 1:53.52	200m 2:34.14	250m 3:15.97	300m 3:58.63	350m 4:42.58	400m 5:23.84
	450m 6:06.69	500m 6:48.97	550m 7:32.82	600m 8:14.55	650m 8:57.91	700m 9:40.36	750m 10:24.17	800m 11:06.70
	850m 11:50.34	900m 12:33.94	950m 13:16.69	1000m 13:59.20	1050m 14:42.86	1100m 15:26.15	1150m 16:09.66	1200m 16:53.80
	1250m 17:36.30	1300m 18:19.19	1350m 18:59.94	1400m 19:41.22	1450m 20:24.83	1500m 21:06.23		
23	Callum HUNT	12	Brighton	21:13.32	333			
	50m 34.99	100m 1:15.21	150m 1:56.80	200m 2:38.35	250m 3:19.50	300m 4:01.36	350m 4:43.26	400m 5:26.02
	450m 6:08.81	500m 6:52.53	550m 7:34.69	600m 8:18.45	650m 9:00.77	700m 9:43.90	750m 10:26.46	800m 11:09.75
	850m 11:52.54	900m 12:36.57	950m 13:19.49	1000m 14:03.28	1050m 14:45.87	1100m 15:29.38	1150m 16:12.43	1200m 16:56.43
	1250m 17:38.96	1300m 18:23.26	1350m 19:06.04	1400m 19:49.51	1450m 20:31.51	1500m 21:13.32		
24	Nathan JONES	12	Worthing Swi	21:14.95	332			
	50m 36.15	100m 4:05.02	150m 1:58.03	200m 11:24.47	250m 3:22.08	300m 18:32.49	350m 4:46.97	400m 21:18.01
	450m 6:12.69	500m -	550m 7:38.87	600m -	650m 10:30.95	700m -	750m 11:57.99	800m -
	850m 13:25.55	900m -	950m 14:53.33	1000m -	1050m 17:48.58	1100m -	1150m 19:14.51	1200m -
	1250m 20:39.57	1300m -	1350m -	1400m -	1450m -	1500m 21:14.95		
25	Samuel MUNRO	11	Littleh'pton	21:15.16	332			
	50m 36.29	100m 1:17.09	150m 1:59.08	200m 2:41.57	250m 3:24.20	300m 4:06.77	350m 4:48.85	400m 5:31.44
	450m 6:13.84	500m 6:56.58	550m 7:39.37	600m 8:22.21	650m 9:05.18	700m 9:47.26	750m 10:30.28	800m 11:12.94
	850m 11:56.05	900m 12:39.47	950m 13:22.53	1000m 14:04.72	1050m 14:47.46	1100m 15:30.55	1150m 16:14.55	1200m 16:57.50
	1250m 17:40.54	1300m 18:23.75	1350m 19:06.67	1400m 19:49.75	1450m 20:32.91	1500m 21:15.16		
26	Ben GODDARD	12	Worthing Swi	21:19.31	329			
	50m 36.11	100m 1:16.77	150m 1:58.64	200m 2:39.24	250m 3:21.21	300m 4:02.01	350m 4:44.31	400m 5:26.26
	450m 6:08.86	500m 6:50.80	550m 7:33.98	600m 8:16.43	650m 8:59.52	700m 9:42.66	750m 10:25.86	800m 11:09.01
	850m 11:52.14	900m 12:35.42	950m 13:18.76	1000m 14:01.89	1050m 14:45.69	1100m 15:29.87	1150m 16:13.68	1200m 16:58.18
	1250m 17:42.18	1300m 18:25.90	1350m 19:09.48	1400m 19:53.45	1450m 20:38.14	1500m 21:19.31		
27	William BROWN	12	St Bedes Aq	21:37.01	315			
	50m 35.89	100m 1:17.29	150m 1:59.29	200m 2:42.04	250m 3:24.99	300m 4:08.27	350m 4:51.24	400m 5:35.32
	450m 6:19.25	500m 7:03.26	550m 7:46.71	600m 8:31.12	650m 9:15.72	700m 9:59.69	750m 10:43.23	800m 11:27.99
	850m 12:12.71	900m 12:56.56	950m 13:40.45	1000m 14:24.43	1050m 15:08.71	1100m 15:52.60	1150m 16:36.74	1200m 17:20.90
	1250m 18:04.21	1300m 18:48.48	1350m 19:31.68	1400m 20:13.19	1450m 20:56.05	1500m 21:37.01		
28	Jack BOREHAM	11	Shiverers	21:42.53	311			
	50m 36.43	100m -	150m 2:01.10	200m 2:43.97	250m 3:27.19	300m -	350m 4:54.19	400m 5:38.15
	450m 6:21.42	500m 7:05.34	550m 7:48.13	600m 8:32.53	650m 9:16.35	700m 10:00.62	750m 10:43.92	800m 11:27.56
	850m 12:10.86	900m -	950m 13:39.12	1000m 14:23.47	1050m 15:07.40	1100m 15:51.32	1150m 16:35.05	1200m -
	1250m 18:04.28	1300m 18:48.76	1350m 19:32.51	1400m 20:16.92	1450m 20:59.64	1500m 21:42.53		
29	Michael GAFFNEY	12	Shiverers	21:43.12	311			
	50m 36.84	100m 1:18.10	150m 2:00.93	200m 2:43.74	250m 3:27.67	300m 4:11.10	350m 4:54.67	400m 5:38.25
	450m 6:22.11	500m 7:05.50	550m 7:49.53	600m 8:33.99	650m 9:18.43	700m 10:01.10	750m 10:45.37	800m 11:28.96
	850m 12:13.75	900m 12:56.80	950m 13:41.52	1000m 14:24.48	1050m 15:09.05	1100m 15:52.22	1150m 16:36.73	1200m 17:21.15
	1250m 18:05.23	1300m 18:49.16	1350m 19:32.62	1400m 20:15.70	1450m 21:00.39	1500m 21:43.12		
30	Callum LELLIOTT	11	Shiverers	22:20.00	286			
	50m 37.38	100m 1:19.89	150m 2:03.41	200m 2:46.94	250m 3:31.12	300m 4:14.76	350m 4:58.96	400m 5:43.32
	450m 6:27.57	500m 7:11.08	550m 7:55.69	600m 8:39.95	650m 9:25.36	700m 10:10.00	750m 10:54.10	800m 11:38.37
	850m 12:23.64	900m 13:08.60	950m 13:53.41	1000m 14:37.91	1050m 15:22.80	1100m 16:10.13	1150m 17:00.56	1200m 17:46.95
	1250m 18:33.30	1300m 19:18.53	1350m 20:04.19	1400m 20:50.92	1450m 21:36.56	1500m 22:20.00		
31	Nicholas SAVILL	11	Worthing Swi	23:40.81	240			
	50m 38.68	100m 1:24.40	150m 2:11.07	200m 2:58.00	250m 3:44.73	300m 4:32.61	350m 5:18.55	400m 6:06.22
	450m 6:56.16	500m 7:42.62	550m 8:31.09	600m 9:18.54	650m 10:06.28	700m 10:53.62	750m 11:41.80	800m 12:29.29
	850m 13:17.50	900m 14:06.25	950m 14:54.14	1000m 15:41.88	1050m 16:30.11	1100m 17:18.15	1150m 18:07.43	1200m 18:54.47
	1250m 19:43.53	1300m 20:32.62	1350m 21:19.80	1400m 22:07.71	1450m 22:55.18	1500m 23:40.81		
	Jason WOOLDRIDGE	16	Crawley	DNF				
Open Age Group - Full Results								
Place	Name	AaD	Club	Time			FINA Pt	
1	Matthew GIBSON	15	Mid Sussex	17:22.45	607			
	50m 29.65	100m 1:03.29	150m 1:36.87	200m 2:10.96	250m 2:45.42	300m 3:20.17	350m 3:54.46	400m 4:29.67
	450m 5:04.54	500m 5:39.50	550m 6:14.59	600m 6:50.15	650m 7:25.24	700m 8:00.65	750m 8:36.08	800m 9:11.65
	850m 9:47.12	900m 10:23.00	950m 10:58.41	1000m 11:33.59	1050m 12:08.60	1100m 12:44.24	1150m 13:19.28	1200m 13:54.81
	1250m 14:30.24	1300m 15:05.68	1350m 15:40.59	1400m 16:16.36	1450m 16:50.67	1500m 17:22.45		
2	Tom LAMB	17	St Bedes Aq	17:55.21	553			
	50m 29.76	100m 1:03.17	150m 1:37.38	200m 2:11.31	250m 2:46.57	300m 3:21.06	350m 3:56.60	400m 4:31.96
	450m 5:08.65	500m 5:45.28	550m 6:21.24	600m 6:56.48	650m 7:32.81	700m 8:08.89	750m 8:45.60	800m 9:22.14
	850m 9:59.66	900m 10:36.15	950m 11:12.30	1000m 11:49.28	1050m 12:26.30	1100m 13:03.26	1150m 13:39.50	1200m 14:16.04
	1250m 14:52.48	1300m 15:29.30	1350m 16:06.70	1400m 16:42.98	1450m 17:19.80	1500m 17:55.21		
3	James MALKIN	16	Shiverers	18:04.96	539			
	50m 30.56	100m 1:05.03	150m 1:41.30	200m 2:18.06	250m 2:53.99	300m 3:30.43	350m 4:06.59	400m 4:43.01
	450m 5:19.77	500m 5:56.55	550m 6:33.00	600m 7:09.72	650m 7:45.75	700m 8:22.66	750m 8:59.12	800m 9:35.60
	850m 10:11.83	900m 10:47.86	950m 11:24.19	1000m 12:00.90	1050m 12:37.75	1100m 13:14.40	1150m 13:51.16	1200m 14:27.49
	1250m 15:04.09	1300m 15:40.89	1350m 16:17.29	1400m 16:53.44	1450m 17:29.71	1500m 18:04.96		
4	Ben JONES	15	St Bedes Aq	18:09.33	532			
	50m 29.72	100m 1:02.95	150m 1:37.85	200m 2:13.75	250m 2:49.26	300m 3:25.48	350m 4:01.60	400m 4:38.12
	450m 5:14.50	500m 5:51.20	550m 6:27.70	600m 7:04.93	650m 7:42.14	700m 8:19.27	750m 8:55.89	800m 9:33.22
	850m 10:09.85	900m 10:46.91	950m 11:23.87	1000m 12:02.17	1050m 12:38.32	1100m 13:15.65	1150m 13:52.34	1200m 14:29.56
	1250m 15:06.10	1300m 15:43.49	1350m 16:20.39	1400m 16:57.53	1450m 17:33.50	1500m 18:09.33		
5	Andrew HORSFALL-TURNER	15	St Bedes Aq	18:17.18	521			
	50m 29.69	100m 1:03.08	150m 1:36.28	200m 2:10.53	250m 2:45.36	300m 3:20.65	350m 3:56.34	400m 4:31.62
	450m 5:08.09	500m 5:44.81	550m 6:21.21	600m 6:57.84	650m 7:35.67	700m 8:13.07	750m 8:51.54	800m 9:29.76
	850m 10:07.91	900m 10:45.93	950m 11:24.96	1000m 12:02.93	1050m 12:41.27	1100m 13:19.37	1150m 13:57.30	1200m 14:35.43
	1250m 15:13.27	1300m 15:50.69	1350m 16:28.39	1400m 17:05.32	1450m 17:41.67	1500m 18:17.18		
6	William CONDRON	14	St Bedes Aq	18:17.42	520			
	50m 31.63	100m 1:07.84	150m 1:44.29	200m 2:21.25	250m 2:57.95	300m 3:33.93	350m 4:10.74	400m 4:47.42

450m 5:24.00	500m 6:01.00	550m 6:38.59	600m 7:15.82	650m 7:53.07	700m 8:29.94	750m 9:06.52	800m 9:43.62
850m 10:20.49	900m 10:58.15	950m 11:34.57	1000m 12:11.06	1050m 12:48.64	1100m 13:25.75	1150m 14:03.16	1200m 14:40.16
1250m 15:17.95	1300m 15:54.76	1350m 16:31.59	1400m 17:08.42	1450m 17:44.49	1500m 18:17.42		
7 Henry YOUNG	14	Shiverers		18:20.04		517	
50m 30.98	100m 1:05.62	150m 1:40.70	200m 2:16.66	250m 2:51.90	300m 3:29.10	350m 4:06.21	400m 4:43.73
450m 5:20.86	500m 5:58.12	550m 6:35.33	600m 7:13.63	650m 7:50.41	700m 8:27.51	750m 9:04.48	800m 9:41.79
850m 10:18.51	900m 10:56.14	950m 11:33.15	1000m 12:10.83	1050m 12:48.00	1100m 13:25.27	1150m 14:02.11	1200m 14:39.94
1250m 15:16.38	1300m 15:54.35	1350m 16:30.94	1400m 17:08.65	1450m 17:44.70	1500m 18:20.04		
8 Cameron LAMBOURNE	14	Atlantis		18:23.53		512	
50m 31.52	100m 1:06.50	150m 1:40.51	200m 2:16.09	250m 2:51.63	300m 3:28.83	350m 4:06.14	400m 4:44.11
450m 5:21.22	500m 5:58.78	550m 6:35.78	600m 7:13.29	650m 7:50.26	700m 8:27.29	750m 9:04.52	800m 9:41.72
850m 10:18.82	900m 10:56.23	950m 11:33.33	1000m 12:11.16	1050m 12:48.50	1100m 13:26.64	1150m 14:04.09	1200m 14:41.81
1250m 15:20.44	1300m 15:59.54	1350m 16:36.49	1400m 17:15.15	1450m 17:52.96	1500m 18:23.53		
9 Adrian WRIGHT	15	Eastbourne		18:29.02		504	
50m 31.04	100m 1:06.21	150m 1:42.80	200m 2:19.52	250m 2:56.10	300m 3:32.83	350m 4:09.96	400m 4:47.18
450m 5:24.03	500m 6:00.98	550m 6:38.28	600m 7:15.24	650m 7:52.41	700m 8:30.09	750m 9:07.66	800m 9:45.06
850m 10:22.46	900m 10:59.99	950m 11:37.34	1000m 12:15.12	1050m 12:52.41	1100m 13:29.79	1150m 14:07.70	1200m 14:45.30
1250m 15:23.08	1300m 16:00.74	1350m 16:38.80	1400m 17:16.73	1450m 17:53.24	1500m 18:29.02		
10 Joshua PANKHURST	14	East Grins'd		18:46.28		481	
50m 31.56	100m 1:07.05	150m 1:43.50	200m 2:19.91	250m 2:57.27	300m 3:34.81	350m 4:12.73	400m 4:50.63
450m 5:28.88	500m 6:07.00	550m 6:45.23	600m 7:23.36	650m 8:01.57	700m 8:39.85	750m 9:17.81	800m 9:55.87
850m 10:33.68	900m 11:12.00	950m 11:49.08	1000m 12:27.36	1050m 13:05.48	1100m 13:43.44	1150m 14:20.91	1200m 14:59.19
1250m 15:37.52	1300m 16:15.78	1350m 16:53.59	1400m 17:31.58	1450m 18:09.72	1500m 18:46.28		
11 Max PRINGLE	17	Crawley		18:51.31		475	
50m 31.27	100m 1:05.91	150m 1:42.48	200m 2:18.81	250m 2:55.92	300m 3:33.11	350m 4:10.84	400m 4:48.21
450m 5:26.43	500m 6:04.39	550m 6:42.90	600m 7:20.93	650m 7:59.74	700m 8:37.93	750m 9:16.52	800m 9:54.77
850m 10:33.57	900m 11:11.91	950m 11:50.32	1000m 12:28.52	1050m 13:07.21	1100m 13:45.36	1150m 14:23.72	1200m 15:01.69
1250m 15:40.06	1300m 16:18.41	1350m 16:57.18	1400m 17:35.09	1450m 18:14.15	1500m 18:51.31		
12 Matthew RAWBIN	15	Mid Sussex		18:51.72		475	
50m 30.68	100m 1:04.99	150m 1:40.68	200m 2:17.43	250m 2:53.94	300m 3:31.21	350m 4:08.38	400m 4:46.76
450m 5:24.22	500m 6:02.56	550m 6:40.08	600m 7:18.52	650m 7:56.11	700m 8:35.07	750m 9:12.94	800m 9:51.84
850m 10:29.82	900m 11:08.48	950m 11:46.75	1000m 12:25.55	1050m 13:04.18	1100m 13:43.37	1150m 14:21.12	1200m 15:00.38
1250m 15:39.53	1300m 16:18.61	1350m 16:57.41	1400m 17:35.71	1450m 18:14.13	1500m 18:51.72		
13 Christopher COXHILL	15	Mid Sussex		19:02.12		462	
50m 31.88	100m 1:07.67	150m 1:44.48	200m 2:21.95	250m 3:00.47	300m 3:42.49	350m 4:19.87	400m 4:58.18
450m 5:35.94	500m 6:14.53	550m 6:52.67	600m 7:31.25	650m 8:09.16	700m 8:48.80	750m 9:27.72	800m 10:06.21
850m 10:44.69	900m 11:23.17	950m 12:01.43	1000m 12:39.30	1050m 13:17.68	1100m 13:56.40	1150m 14:34.95	1200m 15:13.75
1250m 15:51.24	1300m 16:29.85	1350m 17:08.43	1400m 17:46.65	1450m 18:24.74	1500m 19:02.12		
14 Joe HAZELDINE	13	Worthing Swi		19:08.53		454	
50m 32.68	100m 1:09.92	150m 1:46.75	200m 2:25.25	250m 3:03.07	300m 3:42.07	350m 4:19.64	400m 4:59.35
450m 5:37.07	500m 6:16.74	550m 6:55.65	600m 7:35.05	650m 8:12.97	700m 8:52.46	750m 9:30.31	800m 10:10.54
850m 10:47.89	900m 11:27.83	950m 12:06.88	1000m 12:45.99	1050m 13:23.82	1100m 14:03.43	1150m 14:41.71	1200m 15:21.92
1250m 15:59.83	1300m 16:38.60	1350m 17:16.46	1400m 17:55.27	1450m 18:31.89	1500m 19:08.53		
15 Josh TROUT	13	Crawley		19:09.05		453	
50m 33.44	100m 1:10.83	150m 1:48.67	200m 2:27.07	250m 3:05.32	300m 3:44.29	350m 4:22.83	400m 5:02.40
450m 5:41.67	500m 6:19.61	550m 6:58.10	600m 7:36.26	650m 8:14.19	700m 8:52.52	750m 9:31.30	800m 10:10.22
850m 10:48.88	900m 11:28.31	950m 12:07.77	1000m 12:47.14	1050m 13:25.32	1100m 14:04.07	1150m 14:42.55	1200m 15:22.05
1250m 15:59.28	1300m 16:38.51	1350m 17:18.03	1400m 17:56.60	1450m 18:34.35	1500m 19:09.05		
16 David MASTERS	15	Mid Sussex		19:09.75		453	
50m 31.84	100m 1:07.30	150m 1:43.79	200m 2:20.33	250m 2:58.48	300m 3:35.51	350m 4:14.85	400m 4:53.50
450m 5:32.70	500m 6:10.94	550m 6:50.14	600m 7:29.26	650m 8:09.03	700m 8:48.95	750m 9:28.49	800m 10:06.84
850m 10:46.09	900m 11:24.81	950m 12:03.77	1000m 12:42.84	1050m 13:22.28	1100m 14:01.39	1150m 14:41.02	1200m 15:19.42
1250m 15:58.63	1300m 16:37.54	1350m 17:16.99	1400m 17:56.53	1450m 18:34.53	1500m 19:09.75		
17 Alexander CRANFORD	16	Worthing Swi		19:14.29		447	
50m 31.78	100m 1:07.22	150m 1:44.03	200m 2:21.16	250m 2:58.68	300m 3:36.20	350m 4:14.37	400m 4:52.88
450m 5:30.87	500m 6:09.04	550m 6:47.24	600m 7:25.93	650m 8:04.56	700m 8:43.65	750m 9:22.12	800m 10:01.23
850m 10:40.30	900m 11:19.15	950m 11:58.28	1000m 12:36.79	1050m 13:16.80	1100m 13:56.70	1150m 14:35.66	1200m 15:15.24
1250m 15:55.09	1300m 16:35.33	1350m 17:15.47	1400m 17:55.82	1450m 18:34.43	1500m 19:14.29		
18 Nicholas RAWBIN	13	Mid Sussex		19:19.74		441	
50m 31.89	100m 1:07.50	150m 1:44.92	200m 2:22.40	250m 3:00.84	300m 3:39.30	350m 4:18.25	400m 4:56.85
450m 5:35.91	500m 6:14.53	550m 6:53.92	600m 7:33.15	650m 8:12.68	700m 8:51.76	750m 9:31.82	800m 10:10.92
850m 10:50.88	900m 11:29.85	950m 12:09.91	1000m 12:49.28	1050m 13:29.28	1100m 14:08.77	1150m 14:48.49	1200m 15:27.50
1250m 16:07.29	1300m 16:46.12	1350m 17:25.36	1400m 18:03.95	1450m 18:42.77	1500m 19:19.74		
19 Eliot WOOD	14	St Bedes Aq		19:38.06		421	
50m 32.87	100m 1:10.71	150m 1:48.81	200m 2:27.37	250m 3:05.95	300m 3:44.51	350m 4:22.94	400m 5:01.98
450m 5:41.20	500m 6:20.16	550m 6:59.97	600m 7:39.78	650m 8:19.55	700m 8:59.68	750m 9:39.96	800m 10:19.65
850m 10:59.68	900m 11:40.20	950m 12:19.83	1000m 12:59.90	1050m 13:39.90	1100m 14:20.51	1150m 15:01.01	1200m 15:41.61
1250m 16:22.19	1300m 17:02.46	1350m 17:42.04	1400m 18:22.05	1450m 19:01.40	1500m 19:38.06		
20 Alexander LILL	14	Chichester		20:09.47		389	
50m 33.94	100m 1:11.08	150m 1:49.58	200m 2:29.03	250m 3:09.71	300m 3:50.66	350m 4:31.29	400m 5:12.05
450m 5:52.67	500m 6:34.01	550m 7:14.76	600m 7:56.14	650m 8:37.97	700m 9:18.37	750m 9:59.30	800m 10:40.43
850m 11:21.47	900m 12:02.17	950m 12:43.08	1000m 13:23.60	1050m 14:05.01	1100m 14:45.29	1150m 15:27.30	1200m 16:07.82
1250m 16:49.69	1300m 17:31.71	1350m 18:14.07	1400m 18:53.89	1450m 19:35.15	1500m 20:09.47		
21 Joe HARROD	13	Atlantis		20:15.11		383	
50m 34.92	100m 1:13.10	150m 1:53.81	200m 2:34.47	250m 3:15.42	300m 3:56.68	350m 4:38.74	400m 5:19.23
450m 6:00.52	500m 6:42.31	550m 7:23.80	600m 8:05.06	650m 8:47.08	700m 9:27.73	750m 10:09.21	800m 10:49.58
850m 11:30.48	900m 12:11.14	950m 12:52.49	1000m 13:33.46	1050m 14:14.30	1100m 14:55.00	1150m 15:35.67	1200m 16:16.39
1250m 16:57.78	1300m 17:38.60	1350m 18:19.40	1400m 18:59.17	1450m 19:37.59	1500m 20:15.11		
22 Ollie GOODHEW	12	Mid Sussex		20:15.84		383	
50m 35.21	100m 1:16.28	150m 1:56.52	200m 2:38.09	250m 3:18.40	300m 3:59.64	350m 4:40.20	400m 5:21.84
450m 6:02.70	500m 6:44.24	550m 7:24.72	600m 8:06.31	650m 8:46.83	700m 9:28.26	750m 10:08.80	800m 10:50.79
850m 11:30.73	900m 12:12.23	950m 12:52.02	1000m 13:33.56	1050m 14:13.92	1100m 14:55.03	1150m 15:35.66	1200m 16:17.77
1250m 16:57.39	1300m 17:38.79	1350m 18:18.13	1400m 18:58.63	1450m 19:38.12	1500m 20:15.84		
23 Harry BURNELL	12	Worthing Swi		20:24.27		375	
50m 36.26	100m 1:16.56	150m 1:58.21	200m 2:38.77	250m 3:19.66	300m 4:00.46	350m 4:42.40	400m 5:23.94

450m 6:04.64	500m 6:46.16	550m 7:27.30	600m 8:08.80	650m 8:49.84	700m 9:30.89	750m 10:11.88	800m 10:53.24
850m 11:34.21	900m 12:15.31	950m 12:56.25	1000m 13:37.36	1050m 14:18.68	1100m 14:59.77	1150m 15:40.73	1200m 16:21.73
1250m 17:02.39	1300m 17:43.51	1350m 18:24.62	1400m 19:04.74	1450m 19:45.73	1500m 20:24.27		
24 Alexander TEUTEN	18	Chichester		21:01.38		343	
50m 34.84	100m 1:14.41	150m 1:55.14	200m 2:37.48	250m 3:18.78	300m 4:01.00	350m 4:43.58	400m 5:27.08
450m 6:10.15	500m 6:52.72	550m 7:36.02	600m 8:19.01	650m 9:02.00	700m 9:45.79	750m 10:28.36	800m 11:10.34
850m 11:53.12	900m 12:34.39	950m 13:16.85	1000m 14:00.29	1050m 14:43.25	1100m 15:26.09	1150m 16:09.22	1200m 16:50.96
1250m 17:33.46	1300m 18:16.03	1350m 18:58.84	1400m 19:41.28	1450m 20:22.13	1500m 21:01.38		
25 Luke PENNINGTON	13	Shiverers		21:06.23		339	
50m 33.53	100m 1:12.62	150m 1:53.52	200m 2:34.14	250m 3:15.97	300m 3:58.63	350m 4:42.58	400m 5:23.84
450m 6:06.69	500m 6:48.97	550m 7:32.82	600m 8:14.55	650m 8:57.91	700m 9:40.36	750m 10:24.17	800m 11:06.70
850m 11:50.34	900m 12:33.94	950m 13:16.69	1000m 13:59.20	1050m 14:42.86	1100m 15:26.15	1150m 16:09.66	1200m 16:53.80
1250m 17:36.30	1300m 18:19.19	1350m 18:59.94	1400m 19:41.22	1450m 20:24.83	1500m 21:06.23		
26 Callum HUNT	12	Brighton		21:13.32		333	
50m 34.99	100m 1:15.21	150m 1:56.80	200m 2:38.35	250m 3:19.50	300m 4:01.36	350m 4:43.26	400m 5:26.02
450m 6:08.81	500m 6:52.53	550m 7:34.69	600m 8:18.45	650m 9:00.77	700m 9:43.90	750m 10:26.46	800m 11:09.75
850m 11:52.54	900m 12:36.57	950m 13:19.49	1000m 14:03.28	1050m 14:45.87	1100m 15:29.38	1150m 16:12.43	1200m 16:56.43
1250m 17:38.96	1300m 18:23.26	1350m 19:06.04	1400m 19:49.51	1450m 20:31.51	1500m 21:13.32		
27 Nathan JONES	12	Worthing Swi		21:14.95		332	
50m 36.15	100m 4:05.02	150m 1:58.03	200m 11:24.47	250m 3:22.08	300m 18:32.49	350m 4:46.97	400m 21:18.01
450m 6:12.69	500m -	550m 7:38.87	600m -	650m 10:30.95	700m -	750m 11:57.99	800m -
850m 13:25.55	900m -	950m 14:53.33	1000m -	1050m 17:48.58	1100m -	1150m 19:14.51	1200m -
1250m 20:39.57	1300m -	1350m -	1400m -	1450m -	1500m 21:14.95		
28 Samuel MUNRO	11	Littleh'pton		21:15.16		332	
50m 36.29	100m 1:17.09	150m 1:59.08	200m 2:41.57	250m 3:24.20	300m 4:06.77	350m 4:48.85	400m 5:31.44
450m 6:13.84	500m 6:56.58	550m 7:39.37	600m 8:22.21	650m 9:05.18	700m 9:47.26	750m 10:30.28	800m 11:12.94
850m 11:56.05	900m 12:39.47	950m 13:22.53	1000m 14:04.72	1050m 14:47.46	1100m 15:30.55	1150m 16:14.55	1200m 16:57.50
1250m 17:40.54	1300m 18:23.75	1350m 19:06.67	1400m 19:49.75	1450m 20:32.91	1500m 21:15.16		
29 Ben GODDARD	12	Worthing Swi		21:19.31		329	
50m 36.11	100m 1:16.77	150m 1:58.64	200m 2:39.24	250m 3:21.21	300m 4:02.01	350m 4:44.31	400m 5:26.26
450m 6:08.86	500m 6:50.80	550m 7:33.98	600m 8:16.43	650m 8:59.52	700m 9:42.66	750m 10:25.86	800m 11:09.01
850m 11:52.14	900m 12:35.42	950m 13:18.76	1000m 14:01.89	1050m 14:45.69	1100m 15:29.87	1150m 16:13.68	1200m 16:58.18
1250m 17:42.18	1300m 18:25.90	1350m 19:09.48	1400m 19:53.45	1450m 20:38.14	1500m 21:19.31		
30 William BROWN	12	St Bedes Aq		21:37.01		315	
50m 35.89	100m 1:17.29	150m 1:59.29	200m 2:42.04	250m 3:24.99	300m 4:08.27	350m 4:51.24	400m 5:35.32
450m 6:19.25	500m 7:03.26	550m 7:46.71	600m 8:31.12	650m 9:15.72	700m 9:59.69	750m 10:43.23	800m 11:27.99
850m 12:12.71	900m 12:56.56	950m 13:40.45	1000m 14:24.43	1050m 15:08.71	1100m 15:52.60	1150m 16:36.74	1200m 17:20.90
1250m 18:04.21	1300m 18:48.48	1350m 19:31.68	1400m 20:13.19	1450m 20:56.05	1500m 21:37.01		
31 Jack BOREHAM	11	Shiverers		21:42.53		311	
50m 36.43	100m -	150m 2:01.10	200m 2:43.97	250m 3:27.19	300m -	350m 4:54.19	400m 5:38.15
450m 6:21.42	500m 7:05.34	550m 7:48.13	600m 8:32.53	650m 9:16.35	700m 10:00.62	750m 10:43.92	800m 11:27.56
850m 12:10.86	900m -	950m 13:39.12	1000m 14:23.47	1050m 15:07.40	1100m 15:51.32	1150m 16:35.05	1200m -
1250m 18:04.28	1300m 18:48.76	1350m 19:32.51	1400m 20:16.92	1450m 20:59.64	1500m 21:42.53		
32 Michael GAFFNEY	12	Shiverers		21:43.12		311	
50m 36.84	100m 1:18.10	150m 2:00.93	200m 2:43.74	250m 3:27.67	300m 4:11.10	350m 4:54.67	400m 5:38.25
450m 6:22.11	500m 7:05.50	550m 7:49.53	600m 8:33.99	650m 9:18.43	700m 10:01.10	750m 10:45.37	800m 11:28.96
850m 12:13.75	900m 12:56.80	950m 13:41.52	1000m 14:24.48	1050m 15:09.05	1100m 15:52.22	1150m 16:36.73	1200m 17:21.15
1250m 18:05.23	1300m 18:49.16	1350m 19:32.62	1400m 20:15.70	1450m 21:00.39	1500m 21:43.12		
33 Callum LELLIOTT	11	Shiverers		22:20.00		286	
50m 37.38	100m 1:19.89	150m 2:03.41	200m 2:46.94	250m 3:31.12	300m 4:14.76	350m 4:58.96	400m 5:43.32
450m 6:27.57	500m 7:11.08	550m 7:55.69	600m 8:39.95	650m 9:25.36	700m 10:10.00	750m 10:54.10	800m 11:38.37
850m 12:23.64	900m 13:08.60	950m 13:53.41	1000m 14:37.91	1050m 15:22.80	1100m 16:10.13	1150m 17:00.56	1200m 17:46.95
1250m 18:33.30	1300m 19:18.53	1350m 20:04.19	1400m 20:50.92	1450m 21:36.56	1500m 22:20.00		
34 Nicholas SAVILL	11	Worthing Swi		23:40.81		240	
50m 38.68	100m 1:24.40	150m 2:11.07	200m 2:58.00	250m 3:44.73	300m 4:32.61	350m 5:18.55	400m 6:06.22
450m 6:56.16	500m 7:42.62	550m 8:31.09	600m 9:18.54	650m 10:06.28	700m 10:53.62	750m 11:41.80	800m 12:29.29
850m 13:17.50	900m 14:06.25	950m 14:54.14	1000m 15:41.88	1050m 16:30.11	1100m 17:18.15	1150m 18:07.43	1200m 18:54.47
1250m 19:43.53	1300m 20:32.62	1350m 21:19.80	1400m 22:07.71	1450m 22:55.18	1500m 23:40.81		
Jason WOOLDRIDGE	16	Crawley		DNF			