

### Hot off the Press!

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- Sussex Sport Unlimited projects feature heavily in National News!
- Active Sussex Network Wednesday 16 September, Horsham

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### Hot off the press!

#### Sussex CSP Trust shortlisted for prestigious BAHBAs 2009!

The Sussex CSP Trust (co-located with Sport Brighton, in Dallington House) is delighted to announce that we have been shortlisted for the Healthiest Workplace Award 2009, at the forthcoming prestigious Brighton & Hove Business Awards (BAHBAs).

This is a timely announcement that coincides with the study being undertaken by the University's International Health Development Research Centre to determine the feasibility of establishing the University of Brighton as a 'Health Promoting University'.

Award winners will be announced at the Awards Ceremony to take place on Friday 9 October 2009 in the Oxford Room of the Hilton Brighton Metropole. A list of other finalists will be published in the Argus and will also appear on the BAHBAs website this week: <http://www.BAHBA.org.uk>



### Swim4Life



swim 4 life

The aim of Swim4Life is to try to get every child to learn to swim and enjoy swimming. The toolkit provided by Change4Life includes a Local Supporter guide to Swim4Life, top tips to help get families swimming, games to play in the pool and also an inspirational film about the joys of swimming and demonstrations of swimming games.

Swimming promotes the 'up and about' and '60 active minutes' behaviours. Change4Life have worked closely with the Amateur Swimming Association to develop these materials

## Win a pair of Tickets to the White Air Extreme Sports and Music Festival 2009!

A weekend packed full of extreme sports and fantastic music – Europe's largest sports festival! With music



acts confirmed - Doves, Biffy Clyro, White Lies and The Cribs! Or perhaps you would to mix with the world's finest wakeboarders, BMX riders and skaters at the tops of their respective games? Brighton beach's White Air Festival is set to be an event not to be missed!

The event takes place on 18 - 20 September, and this is your opportunity to enjoy the experience for FREE! We'll be giving away just ONE pair of tickets to festival, which includes three days of sport and two nights of music, all you need to do for your chance of winning is answer the simple question below. Good luck!

### **Which sport will you NOT find at the White Air Festival?**

- **Aquathlon**
- **Quidditch**
- **Street Dance**



The competition ends on 14 September 2009 at Midday. Email your answer with your name, age and postal address for your chance to win to [smizon@brighton.ac.uk](mailto:smizon@brighton.ac.uk). The lucky winner will be contacted via email on 14.09.2009. For more information about the event please visit: [www.whiteair.co.uk](http://www.whiteair.co.uk)

### **Sussex Sport Unlimited projects feature heavily in National Bulletin!**

With the Summer term all wrapped up, Sport Unlimited have released a National Newsletter reflecting and showcasing the successful partnership working across the Country. Sussex features in numerous case studies highlighting successful projects being run in the area!

To see a copy of the August 2009 National Sport Unlimited Newsletter please follow this link: <http://www.sussexsport.org/run-sport/extending-activities/case-studies/>

For more information about Sport Unlimited, please visit: <http://www.sussexsport.org/run-sport/extending-activities/> or contact Jo Irving, Sports Development and Projects Officer on [jirving@brighton.ac.uk](mailto:jirving@brighton.ac.uk) or call **01273 643838**.

and with The Department of Culture, Media and Sport. Over 200 local councils in England are providing free swimming to those aged 16 and under. To download your toolkit and find out where you can swim for free please click here [http://www.dh.gov.uk/en/News/Currentcampaigns/Change4Life/DH\\_092080](http://www.dh.gov.uk/en/News/Currentcampaigns/Change4Life/DH_092080)

### **Dates for Your Diary**

#### **September 2009**

##### **Indoor Stoolball Business Tournament**

on 9 September from 5:00 - 7:00pm at Arun Leisure Centre. For more info call **01903 725451**.

##### **Fundraising Healthcheck**

with Graham Allen on 16 September from 9:30am - 4:30pm at Lewes Town Hall. This is a practical workshop to help fundraisers carry out a practical review of their fundraising activities, from strategy to application. For more information visit [www.southdownscvs.org.uk](http://www.southdownscvs.org.uk)

**East meets West**, East Grinstead Pre-season Basketball Tournament. Saturday 19 September at East Grinstead Sports Club. This will be an eight team tournament. Cost £75 per team. For more information please e-mail [hoopscoach@egscc.co.uk](mailto:hoopscoach@egscc.co.uk)

**PGA Level 1** Course at Olympic Driving Range, Swanley, Kent on 19 - 20 September 2009. Cost: £276 per delegate. Candidates should be aware that there is pre-

## Active Sussex Network Wednesday 16 September, Horsham

Partner Update: 20 minute slot available to a partner wanting to share a project, case study or provide information about their work that will be useful to all partners. Please contact Sally Harper on [sharper@brighton.ac.uk](mailto:sharper@brighton.ac.uk) or **01273 644140** a.s.a.p. if you are interested.

## Events

### Get Barefoot at the 2009 Sussex Sports Awards!

The Sussex County Sports Partnership is delighted to announce **Barefoot Wine** as a sponsor for the 2009 Sussex Sports Awards! The presentation evening will return to the Hilton Brighton Metropole on Friday 13 November and will be hosted by Olympic Medallist, ex GB Swimming Captain and BBC Sports Broadcaster, Steve Parry.



Nominations are now open for the 2009 awards until 13 October, the 2009 categories are:

- Innovation in Sport (Education)
- CSP Active & Healthy Workplace Initiative
- Sport England** Active Sussex Professional of the Year
- SkillsActive** Coach of the Year
- University of Brighton** Young Coach of the Year
- Sussex FA** Volunteer of the Year
- Young Volunteer of the Year
- Unsung Hero Award
- Rix & Kay** Club of the Year
- Team of the Year
- Juice FM** Young Team of the Year
- WestSussex Ahead-of-the-Game** Disabled Sports Personality of the Year
- Young Sports Personality of the Year
- Freedom Leisure** Sports Personality of the Year
- The Argus** Lifetime Achievement Award

So don't delay - Nominate online at [www.sussexsport.org](http://www.sussexsport.org). For further details about the event please contact Stephanie Mizon on **01273 644153** or email [smizon@brighton.ac.uk](mailto:smizon@brighton.ac.uk)

### List of 2009 Sponsors:



course work that has to be completed prior to attending. To secure places on the course, please request an Expression of Interest form from Emma Bullock on [cdo@sussexgolfpartnership.org](mailto:cdo@sussexgolfpartnership.org)

**Bupa Great North Run**, 20 September. The Youth Sport Trust still have a number of places available. To find out more please contact [fundraising@youthsporttrust.org](mailto:fundraising@youthsporttrust.org) or call: **0207 874 7670** for more information.

### October 2009

**Awards Night at The County Ground**, Sussex CCC is delighted to announce the date for the end of season awards night, which will take place on Friday 2 October in a marquee on the outfield at The County Ground, Hove. Find out more and book your tickets here at <http://www.sussexcricket.co.uk/tickets/awards-night>

**ASA/UKCC Level 1 Teaching Aquatics**, at Bluecoats Sports Centre, Horsham on 2, 3, 4, 10 + 17 October from 9:00am - 5:00pm. Cost: £370 (bursaries available) Candidates must be at least 16 years old. For a booking form please visit:

## Rise 2009 8KM Undercliff Run for Women

After the success of last year's inaugural run, the Sussex Beacon are delighted to announce the launch of the Rise 2009 8KM Undercliff Run for Women. This year's event will take place on October 11th at 9:00am on the Undercliff Walkway by Asda, Brighton Marina. Rise is celebrating its 15th anniversary this year and are aiming to raise £15,000. Rise runs the only local telephone helpline for people suffering from the effects of domestic abuse and in 2007/08 answered over 1800 calls.



It is not obligatory to raise money for Rise. To register or find out more please visit <http://www.riseuk.org.uk/> and click on the run logo!

## Youth Partnerships Conference, 13 October 2009

Youth Partnerships are being developed in each District & Borough to help shape and plan the way services are delivered. The East Sussex Children's Trust are holding a FREE conference for all Children's Trust partners on Friday 16 October from 10:00am to 4:00pm at the Cavendish Hotel, Eastbourne.

The day is an opportunity for you to:

- Meet the representatives on the Youth Partnership in your local area
- Promote the work you do to other parts of the sector
- Network with colleagues
- Hear informative Key Note Speakers
- Develop working relationships

If you work with young people then please book a place. For an application form please contact: Donna Wilde on **01424 726087** or email [donna.wilde@eastsussex.gov.uk](mailto:donna.wilde@eastsussex.gov.uk)

## Sussex Beacon Half Marathon – Entries Now Open for 2010!

The Sussex Beacon is launching the opening of entries for the 2010 Brighton Half Marathon on Monday 14 September 2009 with the unveiling of its new website [www.beaconhalf.org.uk](http://www.beaconhalf.org.uk)

The Sussex Beacon Half Marathon will be taking place on Sunday 21 February and



<http://www.britishswimming.org/vsite/vfile/page/fileurl/0,11040,5157-187079-204301-129835-0-file,00.doc>

Sussex CCC have teamed up with Grand Cru Travel to offer an Official Supporters Tour for the forthcoming inaugural **Champions League Twenty20**, which takes place in India from 8 to 23 October 2009. Find out more here at <http://www.sussexcricket.co.uk/news-events/news-archive/Sussex+Supporters+Tour+for+Twenty20+Champions+League/>

## The Professional Coach Apprenticeship - this is

a new coaching pathway programme developed for young people who want to pursue a full time professional career in coaching. The programme leads to the achievement of a Level 3 Advanced Apprenticeship in Active Leisure & Learning – Coaching. If you are interested please contact Michelle Kiff on **01509 615456** or email: [michelle.kiff@swimming.org](mailto:michelle.kiff@swimming.org)

## Brighton & Hove City Council Sports Awards

takeplace on Wednesday 14 October at The Old Market, Hove. For more information please visit: [www.brighton-hove.gov.uk](http://www.brighton-hove.gov.uk)

## November 2009

**Rugby Level 2 Course**, part 1 on 1 + 8 November 2009, part 2 - 29 November + 6 December 2009 at Thomas Bennett Sports

will be celebrating its 20th anniversary in 2010. Last year the event attracted 6000 entrants and has high hopes of beating that figure in 2010.

The Sussex Beacon Half Marathon is the first major city half marathon of the year and is the perfect warm-up race for those running the London, Brighton or Paris marathons in the spring. All profits from the event go towards The Sussex Beacon, a purpose-built centre in Brighton which cares for men and women living with HIV. For more information visit: [www.beaconhalf.org.uk](http://www.beaconhalf.org.uk)

## Funding Opportunities

### Spring Term Sport Unlimited Funding Applications Re-open in Sussex!

The Sussex County Sports Partnership is re-opening applications for Sport Unlimited funding for the Year 2, Spring term (which runs from January - March 2010). For those that aren't aware, Sport Unlimited is a nationwide initiative aiming to get more children and young people taking part in sport and physical activity, outside of school. Clubs, schools and other organisations across Sussex can apply for funding to run termly programmes of activity, based on local need. The initiative is funded annually by Sport England. We have some funding left for Year 2 and we want to make sure it is used to get as much activity running in Sussex as possible! For further information including the application form and criteria, please visit our website, <http://www.sussexsport.org/run-sport/extending-activities/>



Applications for Year 3 Sport Unlimited funding will be open in December 2009, and bids can be made for the whole year or for individual terms. For more information about applying for funding or running a Sport Unlimited project in Sussex, please contact Jo Irving, Sports Development and Projects Officer on [jirving@brighton.ac.uk](mailto:jirving@brighton.ac.uk) or call **01273 643838**.

### Funding for more councils to offer free swimming to young people

Local councils that are only offering free swimming for people aged 60 and over, are being given the chance to



College. Cost: £176.25 (including VAT) for 16 years and above. Full details of course content and an application form are available from Matt Knight on [mattknight@rfu.com](mailto:mattknight@rfu.com)

**The Sussex Obstacle Dash** is a brand new fun running event on Sunday 8 November 2009. The event has something for everyone and is a running race based in Ardingly, West Sussex. To find out more, please visit [www.urbanrace.co.uk](http://www.urbanrace.co.uk)

**ASA / scUK Safeguarding & Protecting Children**, on Sunday 15 November 2009 from 9:00am-12:00pm at K2 Leisure Centre. Cost: £28.50 (IoS Members) or £32 (non-IoS). For more information please contact [lorraine.dean@swimming.org](mailto:lorraine.dean@swimming.org)

**ASA / scUK Coaching Disabled Swimmers**, on Sunday 15 November 2009 from 1:00-5:00pm at K2 Leisure Centre. Cost: £28.50 (IoS Members) or £32 (non-IoS). For more information contact [lorraine.dean@swimming.org](mailto:lorraine.dean@swimming.org)

**UKCC Level 2 Cricket Coach Award**, on Sunday 22, 29 November + 6, 13 December 2009 from 9:00am-5:00pm at the Sussex Cricket Ground. Cost: £305 (full price) or £230 (coaches working in Sussex) Must be at least 18 years old. Full details and an application form are available from [www.sussexcricket.co.uk/the-club/recreationalcricket](http://www.sussexcricket.co.uk/the-club/recreationalcricket)

provide it for people aged 16 and under as well. Local Authorities not participating in the scheme will be able to join, providing they offer free swimming for both age groups. In addition, any council offering the scheme as a result of this move, will be able to apply for a share of a capital modernisation fund of £25m to build new pools, or renovate existing ones, in 2010/11. For more information about this funding, please visit: [http://www.culture.gov.uk/reference\\_library/media\\_releases/6309.aspx](http://www.culture.gov.uk/reference_library/media_releases/6309.aspx)

### **Funding available for Small Projects in Lewes and Wealden**

The Lewes & Wealden Physical Activity Group and Accident Prevention Group have small budgets for 2009/10 to fund small projects of up to £1000. Priorities include improving access to healthy food; for residents of Lewes and Wealden, increasing uptake of physical activity; improving knowledge around and health and support community based accident prevention work.



If your group would like to request funding for a small project relating to food and physical activity or accident prevention, please contact Barbara Pratt, Health Improvement Partnerships Co-ordinator, NHS East Sussex Downs & Weald, [Barbara.pratt@esdwpct.nhs.uk](mailto:Barbara.pratt@esdwpct.nhs.uk) for a funding request form. Completed forms should be received by close of business Friday 11 September 2009. Any requests received after this date may not be considered.

### **Funding available with Eastbourne Food & Physical Activity Group**

The Eastbourne Food & Physical Activity Group has a small budget for 2009/10 to fund small projects up to the value of £2500. Priorities for 2009/10 include, help to areas of lowest life expectancy in Eastbourne - Devonshire, Hampden Park and Upperton and improving services for young people from birth to 25.

If your group would like to request funding for a small project relating to food and physical activity please contact Barbara Pratt, Health Improvement Partnerships Co-ordinator, NHS East Sussex Downs & Weald, [Barbara.pratt@esdwpct.nhs.uk](mailto:Barbara.pratt@esdwpct.nhs.uk) for a funding request form. Completed forms should be received by close of business Friday 9 October 2009. Any requests received after this date may not be considered.

## **December 2009**

**sc UK Safeguarding & Protecting Children Workshop** on Tuesday 8 December 2009 from 6:30 - 9:30pm at Worthing Leisure Centre. Costs: £20 for those working towards or achieved Clubmark, £25 for all others. Age range 16+ years. For more information contact Michelle Collier on **01273 643869** or email [mcollier@brighton.ac.uk](mailto:mcollier@brighton.ac.uk)

**RLSS UK National Pool Lifeguard Course** on 16, 17, 18, 21, 22 + 23 December 2009 at Crowhurst Park, Hastings, East Sussex. For more information please contact Di Cooke on **07970 424669** or email [di.cooke@02.co.uk](mailto:di.cooke@02.co.uk)

### **Staffing News**

**Rachel Land**, the newly appointed Sussex Physical Activity (Inclusion) Co-ordinator joined the Trust on 1 September 2009.

Her post is jointly funded by the Department of Health and local government for a 12-month period. Rachel's initial focus is to work strategically with key stakeholders in sport, physical activity, local government transport and planning amongst others; to develop a County Physical Activity Strategy in line with national, regional and county plans.

If you would like to get in touch with Rachel, call **01273 644185** or email [r.land@brighton.ac.uk](mailto:r.land@brighton.ac.uk)

## Clubs, Coaches and Volunteers

### The Latest UKCC Basketball Coaching Courses - Now available

Do you want to become a qualified basketball coach? In conjunction with the University of Brighton, the Sussex CSP Trust has organised the following courses leading to the UK Certificate in Basketball Coaching - Levels 1 and 2.

All dates and costs and venue details are available up on the website, to find out more please follow this link: <http://www.sussexsport.org/play-sport/basketball/> If you are interested, further details can be obtained from Sadie Mason, on **01273 642438** or [smason@brighton.ac.uk](mailto:smason@brighton.ac.uk)

### EAVS in Eastbourne

EAVS are running some new sessions at the EAVS Annexe 8 Saffrons Road, Eastbourne as follows:

- Health & Safety Risk Assessment course on Wednesday 2 December 2009
- First Aid course on Monday 25 January 2010
- Funding Event by Maureen Anstey on 23 September 2009 in Hampden Park

For more information about any of the above courses please contact Sue Duffel on **01323 639373** or [sue@eavs.org.uk](mailto:sue@eavs.org.uk). Please follow this link for flyer and full details: <http://www.esvcys.org.uk/node/717>

### Top UK companies are helping young people to Reach for Gold

Reaching for Gold is an exciting new team competition which challenges young people (14 – 19) to get thinking about how they can make a difference to their local communities and then develop their ideas into viable projects. Those successful in rising to the challenge will not only benefit by gaining a wealth of new skills, and having a great time doing so, they also stand to win some fantastic prizes to help them with their project development!



For more details about the competition please visit [www.reachingforgold.org.uk/home.html](http://www.reachingforgold.org.uk/home.html). No matter how small your idea may seem, Reaching for Gold would love to hear from you. Applications must be received by 5:00pm on Friday 2 October.

## Job Vacancies

For the latest Job opportunities, [click here](#) to view our jobpage.

### Disability Manager - Badminton England

To find out more about the post please visit: [http://www.badmintonengland.co.uk/show\\_job.asp?](http://www.badmintonengland.co.uk/show_job.asp?)

For an application pack, please email [Enquiries@badmintonengland.co.uk](mailto:Enquiries@badmintonengland.co.uk)

**Closing Date: 11 September 2009**

### South East Business Development Director - National Skills Academy

For the full job advert and application form please visit: <http://www.sportactivenisa.co.uk/aboutus/jobs/>

**Closing Date: 11 September at Midday**

### School Sports Coordinator - North Wealden School Sports Partnership

Full details and application packs can be obtained at [www.northwealdenssp.com](http://www.northwealdenssp.com).

For more information contact Jo Ashworth on [j.ashworth@beacon.e-sussex.sch.uk](mailto:j.ashworth@beacon.e-sussex.sch.uk) **Closing Date: 14 September 2009**

### Regional Manager South - England Hockey

Please send applications using the application forms on the jobs section at [www.englandhockey.co.uk](http://www.englandhockey.co.uk)

or contact [Sandra.richards@englandhockey.org](mailto:Sandra.richards@englandhockey.org) for more information

**Closing Date: 21 September at 9:00am**

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