

# CRAWLEY SWIMMING CLUB

## LIS HARTLEY 2018

### Warm up times:

Sessions	Warm up	Start	Finish Approx	Signing in info
<b>SATURDAY</b> Session 1	07.30	08.15	09.35	SIGN IN FOR 400s ONLY BY 07.30 POOLSIDE ALL OTHER EVENTS WITHDRAWALS CLOSE 07.35
<b>SATURDAY</b> Session 2	09.35	10.35	13.35	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 09.35
<b>SATURDAY</b> Session 3	13.35	14.35	17.35	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 13.35
<b>SUNDAY</b> Session 4	07.30	08.15	09.45	SIGN IN FOR 400s ONLY BY 07.30 POOLSIDE ALL OTHER EVENTS WITHDRAWALS CLOSE 07.35
<b>SUNDAY</b> Session 5	09.45	10.45	13.45	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 09.45
<b>SUNDAY</b> Session 6	13.45	14.45	17.30	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 13.45

Withdrawal forms to be handed in **before** the start of the session warm up for those not competing.

Withdrawals can also be emailed in advance to [openmeets@crawleyclub.co.uk](mailto:openmeets@crawleyclub.co.uk)

Withdrawal Forms will be available on the poolside entrance and upstairs in the entrance to the spectators.

#### Coaches Passes

Coaches will be able to collect passes (no food included) and programmes at poolside entrance.

**No pass No entry**