

CRAWLEY SWIMMING CLUB

LIS HARTLEY 2018

Warm up times:

Sessions	Warm up	Start	Finish Approx	Signing in info
SATURDAY Session 1	07.30	08.15	09.35	SIGN IN FOR 400s ONLY BY 07.30 POOLSIDE ALL OTHER EVENTS WITHDRAWALS CLOSE 07.35
SATURDAY Session 2	09.35	10.35	13.35	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 09.35
SATURDAY Session 3	13.35	14.35	17.35	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 13.35
SUNDAY Session 4	07.30	08.15	09.45	SIGN IN FOR 400s ONLY BY 07.30 POOLSIDE ALL OTHER EVENTS WITHDRAWALS CLOSE 07.35
SUNDAY Session 5	09.45	10.45	13.45	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 09.45
SUNDAY Session 6	13.45	14.45	17.30	ACTIVE WITHDRAWAL WITHDRAWALS CLOSE 13.45

Withdrawal forms to be handed in **before** the start of the session warm up for those not competing.

Withdrawals can also be emailed in advance to openmeets@crawleyclub.co.uk

Withdrawal Forms will be available on the poolside entrance and upstairs in the entrance to the spectators.

Coaches Passes

Coaches will be able to collect passes (no food included) and programmes at poolside entrance.

No pass No entry